

The Core

A Publication of Programs & Activities Sponsored by The Clarke County Parks & Recreation Department for the Spring/Summer 2006



Clarke County
Parks & Recreation

225 Al Smith Circle • Berryville, VA 22611

Phone: 540-955-5140 • Fax: 540-955-4049

email: ccpr@clarkecounty.gov

www.clarkecounty.gov/parks

PRSRT STD
U.S. POSTAGE

PAID

Berryville, VA
Permit No.
3084

POSTAL PATRON



Our Mission Statement:

"Provide quality, wholesome recreational opportunities for all citizens of Clarke County."



What's Inside the Spring-Summer 2006 CORE

Page 2: Table of Contents
 Page 3: Special Events
 Page 4: Guidelines for Placement in Learn to Swim Classes
 Page 5: Learn to Swim Schedule
 Page 6: Aquatics Classes
 Page 7: Swim Team & Scuba
 Page 8: Arts & Crafts
 Page 9: Studios East & West
 Page 10: Studios East & West continued
 Page 11: Fitness
 Page 12: General Interest
 Page 13: General Interest continued
 Page 14: Kids Core-ner
 Page 15: Licensed Childcare
 Page 16: Specialty Camps
 Page 17: Specialty Camps continued
 Page 18: Specialty Camps continued
 Page 19: Specialty Camps continued
 Page 20: Sports & Athletics
 Page 21: Special Olympics
 Page 22: Trips & Tours
 Page 23: Swimming Pool & Rec Center Information
 Page 24: Registration Information & Registration Form

Parks & Recreation Staff

Lisa A. Cooke, CPRP
Director

Denice Cather
Office Manager

Shannon Barbour, CPRP
Recreation Program Coordinator

Tracey Pitcock, MES
Recreation Program Coordinator

Kelly Presgraves
Recreation Program Supervisor

Lennie Green
Recreation Center Manager

Ann Boothe
Registration/Reservation Specialist

Tanya Braithwaite
Office Assistant

Parks & Recreation Advisory Board

Lawrence White, Chairman

Paul Jones, Vice-Chairman

Michael McCall Steve Wisecarver

Gary Lichliter Leah Robinson

Ronnie Huff Daniel Sheetz

P&R Advisory Board meetings are held the third Wednesday of each month at 6:00 PM at the Recreation Center and are open to the public.

Special Events

Health & Fitness Day

Activity #: 350801A

Age: 16+

Date: 5/17

Day: Wednesday

Time: 4:00-8:00 PM

Fee: FREE

- **Informative handouts and free samples** will be available from local organizations that specialize in health and wellness issues. Call 540-955-5143 for a complete list of vendors.
- **Blood Pressure & Cholesterol Testing** by Clarke County Health Department. Pre-registration is required for the cholesterol screening. The cost for the cholesterol screening is \$12.00.
- **Walk for Wellness Contest:** The County department or business with the largest percentage of employees to walk the Park trail from 4:00-8:00 PM will receive a prize. All walkers must check in and out at the front desk.
- **Free Fitness Class Demos:** There will be demonstrations of various classes offered through Clarke County Parks & Recreation. Demos last about a half hour and will begin at 4:00pm.
- **Free** use of the facility from 4:00-8:00 PM.

National Senior Health & Fitness Day

Age: 50+

Date: 5/31

Day: Wednesday

Time: 8:30 AM-1:00 PM

Fee: FREE

Location: War Memorial Building in Jim Barnett Park in Winchester

Clarke County Parks & Recreation, Winchester Parks & Recreation, Frederick County Parks & Recreation, and Valley Health Systems are teaming up to bring you this 13th annual event. This year's theme is "Fitness – A Lifetime of Benefits". There will be lots of exhibits, demonstrations, presentations, screenings, and much more! Please call 540-955-5140 for more information and to register.

The Northern Shenandoah Valley Quilt and Needlework Show

Date: April 28th- 30th

Time: 10 AM- 5 PM

Fee: \$5.00 Donation

Location: Clarke County Recreation Center



Birthday Parties
Available at the
offer
meet
fect
k!
or at
.

party. So relax and
Please call the birthday
540-955-5140 for

Trout Fishing Derby

Activity #: 350803A

Age: All

Date: 5/20

Day: Saturday

Time: 8:00AM-3:00PM

Fee: Ages 4 - 12 \$9.50 in advance

Ages 4 - 12 \$10.50

the day of event

Ages 12+ \$11.50 in advance

Ages 12+ \$12.50 the day of event

Location: Long Branch

Participants are welcome to register at Clarke County Parks and Recreation or Long Branch. Day-of registrations will only be taken at Long Branch. Everyone is invited to fish the one-acre private pond, stocked with over 300 10-12" rainbow trout, at Historic Long Branch. Arrive early and bring your bait and equipment. Test your ability to catch the 3-4 pound winning rainbow trout.



Jim Stutzman

Chevrolet - Buick - Cadillac

2700 Valley Avenue • Winchester, VA 22601

540.667.1000

BB&T

"You can tell we want your business"

23 N. Church St.

Berryville 540-955-0110

True Value Hardware

"Help Is Just Around The Corner"

Front Royal 540-635-2547

Berryville 540-955-1900

Summer Concert Series

Activity #: 350802A

Date: Musicians:

6/28 Maria Rose

7/26 Walnut Grove Band

8/23 Souled Out

Age: All

Time: 7:00-9:00 PM

Fee: FREE

Whatever you do don't miss these. The bands will perform a variety of music for your entertainment. Bring a picnic dinner and a blanket/chair with you and enjoy great music from the lawn behind the Red Caboose in the Clarke County Park. Children will enjoy playing on the adjacent playground. **These concerts are held rain or shine!** In case of inclement weather the event will move inside the Recreation Center.

Triple J Convenience Store

"Gas-Deli-Grocery-Lottery"

18 Triple J Rd.

Berryville 540-955-1201

JIM BARB REALTY, INC.

"Always There For You"

Winchester 540-722-0477

Berryville 540-955-4600



1001 Berryville Ave

Winchester 540-622-3484



Lloyd's Transfer & Storage

409 E. Main St.

Berryville 540-955-1247



SCREEN PRINTING & EMBROIDERY

484 Fort Collier Rd.

Winchester 540-665-9651



Guidelines for Placement in Learn-to-Swim Classes

If you have questions regarding the class for your child, please call the Parks & Recreation Department. It is typical for students to participate in a level several times before progressing to the next level.

Every session of classes will include a lesson on water safety as required by the American Red Cross class outlines. This lesson may not involve time in the water.

TO ENROLL IN:	PARTICIPANTS NEED TO:	OBJECTIVES	PURPOSE:
Starfish Parent & Infant (Ages 6-18mo) Parent & Toddler (Ages 18-36 mo)	<ul style="list-style-type: none"> Have one or two adult participants. Wear snug fitting plastic pants and swim diapers under swimsuit. (No disposable or cloth diapers.) 	<ul style="list-style-type: none"> Water adjustment and personal safety. Basic water skills. Fun. 	Helps students feel comfortable in the water. Parents will learn, through hands-on practice, how to teach their child basic water skills.
Turtle Parent & Preschooler (Ages 3-5)	<ul style="list-style-type: none"> Parent will come to class prepared to be in the water with child until instructor determines otherwise. Function well in a structured group setting. 	<ul style="list-style-type: none"> Comfort & safety. Fully submerge face. Float on front & back, with support. Swim on front & back, with support. 	Helps students feel comfortable in the water. Introduction to and practice of basic water skills.
Frog Preschool (Ages 3-5)	<ul style="list-style-type: none"> Fully submerge face Float on front & back, with support. Swim on front & back, with support. 	<ul style="list-style-type: none"> Perform front & back glide. Rolling over. Swim on front & back using combined strokes. Swim on side. 	Gives students success with fundamental aquatic skills. Builds on the skills learned in Turtle through additional guided practice.
Octopus Preschool (Ages 4-6)	<ul style="list-style-type: none"> Perform front & back glide. Rolling over. Swim on front & back using combined strokes. Swim on side. 	<ul style="list-style-type: none"> Perform front & back crawl. Kneeling or standing dive. Use rotary breathing. Butterfly kick & body motion 	Build and improve on skills learned in Frog. Class content will help swimmers develop confidence in their strokes and improve other aquatic skills.
Level 1: Intro to Water Skills (Ages 6-15)	<ul style="list-style-type: none"> Function well in a structured group setting. 	<ul style="list-style-type: none"> Comfort & safety Fully submerge face. Float & swim on front & back, with support. 	Helps students feel comfortable in the water. Introduction to and practice of basic water skills.
Level 2: Fundamental Aquatic Skills (Ages 6-15)	<ul style="list-style-type: none"> Fully submerge face. Float on front & back, with support. Swim on front & back, with support. 	<ul style="list-style-type: none"> Perform front & back glide. Rolling over. Swim on front & back using combined strokes. Swim on side. 	Gives students success with fundamental aquatic skills. Builds on the skills learned in Level 1 through additional guided practice
Level 3: Stroke Development (Ages 6-15)	<ul style="list-style-type: none"> Perform front & back glide. Rolling over. Swim on front & back using combined strokes. Swim on side. 	<ul style="list-style-type: none"> Perform front & back crawl Kneeling or standing dive. Use rotary breathing. Butterfly kick & body motion. 	Builds on the skills learned in Level 2. Help swimmers develop confidence in their strokes and improve other aquatic skills.
Level 4: Stroke Improvement (Ages 6-15)	<ul style="list-style-type: none"> Perform front & back crawl. Kneeling or standing dive. Use rotary breathing. Butterfly kick & body motion. 	<ul style="list-style-type: none"> Perform Elementary Backstroke and Butterfly. Perform Breaststroke. Swim on side using scissor kick. 	Build and improve on skills learned in Level 3. Help swimmers develop confidence and improve other aquatic abilities.
Level 5: Stroke Refinement (Ages 6-15)	<ul style="list-style-type: none"> Perform Elementary Backstroke. Perform Breaststroke Perform Butterfly Swim on side using scissor kick. 	<ul style="list-style-type: none"> Tread water with 2 kicks. Perform various dives. Perform sidestroke. Perform flip turns. 	Provides further coordination and refinement of strokes through swimming increased distances.



“Learn To Swim” Class Schedule

REGISTRATIONS WILL NOT BE ACCEPTED AFTER 5:00 PM ON THE FRIDAY PRIOR TO THE FIRST CLASS OF EACH SESSION.

Registration for Sessions 1 & 2 begins April 12 for county residents and April 14 for non-County residents.

Registration for Session 3 & 4 begins June 29 for county residents and June 30 for non-County residents.

Swim lessons are held Monday through Thursday, unless otherwise noted. Make-up classes for inclement weather and holidays occur on Fridays.

Please **specify** which session you want your child enrolled in when registering.

Starfish classes are **\$24.00**. All other “Learn to Swim” classes are **\$34.00**.

Course	Activity #	Age	Days	Session 1 6/12-6/23	Session 2 6/26-7/7	Session 3 7/10-7/21	Session 4 7/24-8/4
Starfish	310101A	6mo-3yrs	Tues & Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	310101B	6mo-3yrs	Tues & Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	310101C	6mo-3yrs	Tues & Thurs	5:35 PM	5:35 PM	5:35 PM	5:35 PM
	310101D	6mo-3yrs	Tues & Thurs	6:10 PM	6:10 PM	6:10 PM	6:10 PM
Turtle	310102A	3-5 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	310102B	3-5 yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	310102C	3-5 yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	310102D	3-5 yrs	Mon-Thurs	5:00 PM	5:00 PM	5:00 PM	5:00 PM
	310102E	3-5 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM
Frog	310103A	3-5 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	310103B	3-5 yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	310103C	3-5 yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	310103D	3-5 yrs	Mon-Thurs	5:00 PM	5:00 PM	5:00 PM	5:00 PM
	310103E	3-5 yrs	Mon-Thurs	5:35 PM	5:35 PM	5:35 PM	5:35 PM
	310103F	3-5 yrs	Mon-Thurs	6:10 PM	6:10 PM	6:10 PM	6:10 PM
	310103G	3-5 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM
Octopus	350101A	4-6 yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	350101B	4-6 yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	350101C	4-6 yrs	Mon-Thurs	5:00 PM	5:00 PM	5:00 PM	5:00 PM
	350101D	4-6 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM
Level 1	350108A	6-15 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	350108B	6-15 yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	350108C	6-15 yrs	Mon-Thurs	5:35 PM	5:35 PM	5:35 PM	5:35 PM
	350108D	6-15 yrs	Mon-Thurs	6:10 PM	6:10 PM	6:10 PM	6:10 PM
Level 2	350102A	6-15 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	350102B	6-15 yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	350102C	6-15 yrs	Mon-Thurs	5:35 PM	5:35 PM	5:35 PM	5:35 PM
	350102D	6-15 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM
Level 3	350103A	6-15 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	350103B	6-15 yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	350103C	6-15 yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	350103D	6-15 yrs	Mon-Thurs	5:00 PM	5:00 PM	5:00 PM	5:00 PM
	350103E	6-15 yrs	Mon-Thurs	6:10 PM	6:10 PM	6:10 PM	6:10 PM
	350103F	6-15 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM
Level 4	350104A	6-15 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	350104B	6-15 yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	350104C	6-15 yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	350104D	6-15 yrs	Mon-Thurs	5:35 PM	5:35 PM	5:35 PM	5:35 PM
	350104E	6-15 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM
Level 5	350105A	6-15 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	350105B	6-15 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM

Private Swim Lessons are available during regular operating hours. The cost for a *twenty-minute* private lesson is \$15.00. Lessons are scheduled by calling the pool at 955-5158 or by speaking with a manager at the pool.



Aquatics

Water Safety Instructor

Activity #: 350111A
 Age: 16+
 Day: Date: Time:
 Monday-Friday 6/26-6/30 4:00-9:00 PM
 Saturday 7/1 9:00-12:00 PM
 Monday 7/3 4:00-9:00 PM
 Wednesday 7/5 4:00-9:00 PM
 Fee: \$200.00
 Instructor: Laurie Harrell

This course will certify individuals to teach all levels of the American Red Cross Learn to Swim Program, the Community Water Safety and the Water Safety Instructor Aide course. The Fundamentals of Instructor Training course will be included in the class content. Attendance at all classes is required. **NOTE: Schedule is subject to change.** 7 classes

Water Safety Aide

Activity #: 350112A
 Age: 15+
 Date: 6/28-6/30
 Day: Wednesday-Friday
 Time: 4:00-9:00 PM
 Fee: \$40.00
 Instructor: Laurie Harrell

This course is designed to provide training and knowledge for those who want to assist in teaching swimming and water safety courses. **NOTE: Schedule is subject to change.** 3 classes

Lifeguarding Today

Activity #: 350113A
 Age: 15+
 Day: Date: Time:
 Saturday 5/27 10:30 AM (Pre-requisite skills test)
 Saturday 5/27 1:00-9:00 PM
 Sunday 5/28 11:00 AM-8:00 PM
 Monday 5/29 9:00 AM-5:00 PM
 Wed. 5/31 4:30-7:30 PM
 Fee: \$200.00
 Instructor: Carol Marshall

Pre-requisites: Must be 15 years of age by the first day of class. Participants must be able to swim continuously for 500 yards, tread water for two minutes and surface dive into deep water to retrieve a block.

This course teaches the fundamental skills to become an American Red Cross certified lifeguard. Attendance at all classes is required. Participants successfully completing this course may be eligible for summer employment at the pool. **NOTE: Schedule is subject to change.** 4 classes

Lifeguarding Today: Review & Update

Activity #: 350113B
 Age: 15+
 Date: 5/25-5/26
 Day: Thursday & Friday
 Time: 5:00-8:00 PM
 Fee: \$50.00
 Instructor: Carol Marshall

This class is designed for individuals who are **currently** certified as Lifeguards through the American Red Cross. This is a review course that provides the opportunity to view video segments, practice and perform skills evaluation, and complete the written exams. 2 classes

CPR Professional Rescuer: Review and Update

Activity #: Day: Date: Time:
 350114A Thursday 5/11 5:30-9:00 PM
 350114B Saturday 5/13 9:00-12:30 PM
 350114C Thursday 5/18 5:30-9:00 PM
 350114D Sunday 5/21 1:00-4:30 PM
 Age: 15+
 Fee: \$25.00
 Instructor: Carol Marshall

This class is designed for individuals who are **currently** certified in CPR for the Professional Rescuer. Lifeguards are required to recert in this level of CPR each year. Training videos and skills will be reviewed with participants prior to testing. 1 class

Lifeguard Instructor Training

Activity #: 350116A
 Age: 17+
 Day: Date: Time:
 Mon-Friday 7/10-7/14 4:00-9:00 PM
 Saturday 7/15 9:00-12:00 PM
 Mon-Tues. 7/17-7/18 4:00-9:00 PM
 Fee: \$200.00
 Instructor: Laurie Harrell
Pre-requisite: Participants must be 17 by the first day of class and be currently certified as a Red Cross Lifeguard.

The purpose of this course is to train participants to teach courses and modules in the American Red Cross Lifeguard Training program by developing their understanding of how to use the course materials, how to conduct training sessions, and how to evaluate participant's progress. Attendance at all classes is required. 8 classes

Deep Water Aquacise

Activity #: Date:
 340109A 6/19-7/12
 340109B 7/17-8/9
 Age: 18+
 Day: Monday & Wednesday
 Time: 9:00-10:00 AM
 Fee: \$40.00, \$7.00 drop-in
 Instructor: Kim Chandler

Enjoy the benefits of aerobic exercise in a totally non-impact environment. The natural resistance and buoyancy of the deep water will enable participants to improve endurance, strength, flexibility and muscle tone. **Participants must be comfortable in deep water.** Floatation devices will be provided. 8 classes

Shallow Water Aquacise

Activity #: Date:
 340110A 6/19-7/12
 340110B 7/17-8/9
 Age: 18+
 Day: Monday & Wednesday
 Time: 7:15-8:15 PM
 Fee: \$40.00, \$7.00 drop-in
 Instructor: Kim Chandler

This water exercise program is designed to improve participant's endurance, strength, flexibility and muscle tone. Beginners and advanced fitness levels are welcome. No swimming ability is needed. 8 classes



Clarke County Parks & Recreation Summer Swim Team Tryouts

Activity #:	Day/Date:	Time:	Age:	Eligibility Requirements:
350109A	Wed, 6/7	5:30-6:00 PM	5-8 yr	<ul style="list-style-type: none"> • Must be able to swim 25 meters continuously with one legal stroke. • Must be comfortable in deep water.
350109B	Wed, 6/7	6:00-6:30 PM	9-10 yr	<ul style="list-style-type: none"> • Must be able to swim 50 meters continuously with one legal stroke. • Must be able to perform shallow dives. • Must be comfortable in deep water.
350109C	Wed, 6/7	6:30-7:00 PM	11-12 yr	<ul style="list-style-type: none"> • Must be able to swim 75 meters continuously with one legal stroke. • Must be able to perform shallow dives. • Must be comfortable in deep water.
350109D	Wed, 6/7	7:00-7:30 PM	13 & up	<ul style="list-style-type: none"> • Must be able to swim 100 meters continuously with one legal stroke. • Must be able to perform shallow dives. • Must be comfortable in deep water.

Practices will begin Monday, June 12. The season will end Saturday, August 5. Practice will be Monday-Friday 8:00-9:00 AM for participants 13 and over. Practice will be Monday-Friday 9:00-9:45 AM for participants 12 and under. Participants will compete in five local and one regional meet. Meets are generally held on Saturday mornings. **Fee is \$75.00.**

SCUBA

Intro to Scuba: Bubblemaker

Scubaventures Dive Center will be hosting this session for people interested in learning more about scuba diving. The session is designed for participant's 8 years and older. Class will be held on Sunday June 4 from 1:00-3:00 PM. Cost is general admission to the pool.

PADI Open Water Diver Certification

Activity #: 340111A

Do you want to learn the fundamentals of scuba diving, including dive equipment and techniques? The certification you will receive upon successful completion of this course is recognized worldwide. This course is taught through Scubaventures Dive Center. The class will meet on June 5, 6, 8 and 13 from 5:30-9:00 PM. All classes will be held at the Clarke County Pool. Registration is June 4 at the pool from 1:00-3:00 PM and class fee is \$325.00. For more information and to register, call the Dive Center at (540) 888-4455.

JULY 4th AT THE POOL

Bring a picnic basket and enjoy a spectacular view of the fireworks from poolside.

Swim in the pool until the fireworks begin.

General admission fees apply.

Arts & Crafts

Apple Valley Needle Threaders

Activity #:	Date:	Time:
340201A	5/11	9:30-12:00 PM
340201B	6/8	9:30-11:30 AM
340201C	7/13	9:30-11:30 AM
Age:	18+	
Day:	Thursday	
Fee:	\$1.00 per visit	

This quilting club is open to quilters of all skill levels. Planned monthly programs, presentations and socializing with others who share a love of quilting make this club a wonderful way to spend a few hours each month. 1 meeting

Memoranza

Activity #:	Date:	Location:
350214C	5/12	Millwood
350214F	6/15	Recreation Center
350214G	6/29	Recreation Center
350214H	6/30	Millwood
350214I	7/13	Recreation Center
350214J	7/14	Millwood
350214K	7/27	Recreation Center
350214L	8/3	Millwood
350214M	8/4	Recreation Center
Age:	8+	
Time:	6:00-9:00 PM	
Fee:	\$15.00	
Instructor:	Crissy Helinski	

Enjoy dinner, fun, memories, and door prizes. Class fee includes refreshments and all supplies for these classes. Digital supplies and programs will be available for use as well.

Session C & F: Enjoy refreshments with friends while finishing a project for mothers/fathers day or another occasion. Participants are also welcome to bring photos to just organize and crop. 1 class

Session G, H, I, & J: Get busy making albums or keepsakes of those summer graduations, school photos or mementos, or get a jump on vacation albums. Create a pre-decorated album and make photo story cards. 1 class

Session K, L, & M: This is your opportunity to finish or continue those vacation albums. Participants can get a jump on school/fair albums that can be pre-decorated and filled with photos and mementos later. Participants can also just use this time to organize and crop photos. 1 class



Stamping: Embossing

Activity #:	Day:	Date:
350215C	Tues	7/11
350215D	Thurs	7/20
Age:	15+	
Time:	7:00-9:00 PM	
Fee:	\$10.00	
Instructor:	Laura Bohall	

Learn how to emboss on cardstock and vellum to add depth and detail to cards, scrapbook pages, invitations, and much more. The class will focus on dry and wet embossing as well as becoming familiar with the tools and techniques of this beautiful art form. All supplies are provided. 1 class

Altered Art

Activity #:	Date:
350215E	5/16
350215F	6/13
Age:	15+
Day:	Tuesday
Time:	6:30-9:00 PM
Fee:	\$20.00
Instructor:	Laura Bohall

Altered art uses everyday objects and changes them into personalized, artistic treasures. Participants will embellish a tin lunchbox, which can then be used to hold cards, stationary, recipe cards, or personal mementos. Altered art makes a great gift but you may want to keep this one for yourself! 1 class

Make a Mini Album

Activity #:	Date:
350215G	5/9
350215H	6/6
Age:	15+
Day:	Tuesday
Time:	7:00-9:00 PM
Fee:	\$10.00
Instructor:	Laura Bohall

These mini albums are fun to assemble while being perfect for memories of a single event or person. Eight 2-sided sheet protectors are secured in this archive quality, cream-colored album, and tied with organdy ribbon. These make wonderful gifts for teachers as end-of-year memories, grandma's brag book, a special birthday party, and lots more. Bring 10 same-themed photos no larger than 2x2, adhesive, and scissors to complete this treasure. 1 class

Beginner Knitting

Activity #:	350208A
Age:	12+
Date:	5/1-5/22
Day:	Monday
Time:	7:00-8:00 PM
Fee:	\$20.00, \$10.00 materials fee payable to the instructor
Instructor:	Bette Marchese

Become a knitter in just one session! Learn how to cast on, knit, purl and bind off. After learning these simple skills, participants can choose a pattern, from the instructor's collection, to knit a baby hat, booties, scarves, or spa-like wash clothes. Materials fee includes needles and yarn. 4 classes

Scrapbooking Or Organizing Mementos

Activity #:	Date:	Location:
350214A	5/4	Recreation Center
350214B	5/5	Millwood
350214D	6/1	Millwood
350214E	6/2	Millwood
Age:	8+	
Day:	Varies	
Time:	6:00-9:00 PM	
Fee:	\$36.00	
Instructor:	Crissy Helinski	

Attention Dads, Moms, Grandmothers, and Grandfathers! Bring the kids and your photos to this class where you'll have the opportunity to create a keepsake that will last a lifetime or just pre-decorate a photo-sharing card and add the photos later. Enjoy pizza, door prizes, and sharing ideas while creating a personal memorable gift. Fee includes all supplies and food. 1 class

Stamping: Learn the Basics

Activity #:	Day:	Date:
350215A	Tues	5/2
350215B	Thurs	6/22
Age:	15+	
Time:	7:00-9:00 PM	
Fee:	\$10.00	
Instructor:	Laura Bohall	

Learn the fundamentals of stamping including use of tools, types of inks, and care of stamps. Basic stamping techniques will be taught and participants will take home samples, written directions, and a card they created. All Supplies are provided. 1 class

Adult Pottery

Activity #:	320203A
Age:	13+
Date:	6/5-6/26
Day:	Monday
Time:	6:00-8:00 PM
Fee:	\$46.00
Instructor:	Mizue Croswell

These classes will teach participants basic pottery techniques and wheel throwing as time allows. A new project will be introduced each week. 4 classes

Clarke County Community Band

This band is open to musicians of all ages. Practices start at 7:00 PM every Tuesday evening at Clarke County High School. Band members need to provide their own instruments. Performances are held at special events around the area. Please call Diane Shipe at 540-955-4346 for more information.

Knitting in the Round

Activity #: 350208B

Age: 12+

Date: 6/2-6/23

Day: Friday

Time: 7:00-8:00 PM

Fee: \$20.00, \$10.00 materials fee payable to the instructor

Instructor: Bette Marchese

Don't be intimidated by circular needles! Be surprised at how easy they are to use and how many fun projects can be done with them. Learn to make a hat or bag in just a few classes. Materials fee includes patterns and needles. 4 classes

Reading a Knit Pattern

Activity #: 350208C

Age: 12+

Date: 7/7-7/28

Day: Friday

Time: 7:00-8:00 PM

Fee: \$20.00, \$10.00 materials fee payable to the instructor

Instructor: Bette Marchese

Learn how to decipher patterns and find out what all the abbreviations mean (M1, PSSO, SI St) while making a small scarf/shawl. Novelty yarns and various knit patterns will be utilized. Materials fee includes patterns but NOT needles and yarn. 4 classes

Adopt-a-Spot

Looking for a volunteer opportunity for your family, group or organization?

Help beautify the Clarke County Park by "Adopting a Spot". Develop and maintain flowerbeds, pick up trash, and more. Groups will be recognized with a sign identifying their adopted spot in the Park. For more information, call 540-955-5140.



Studio East & West Art Classes



*Co-Sponsored by
Clarke County Parks & Recreation*

Open Studio for Watercolors

Activity #: 350201A

Age: 16+

Date: 5/1-6/12 (no 5/29)

Day: Monday

Time: 10:00 AM-12:00 PM

Fee: \$65.00

Instructor: Gale Bowman-Harlow

Location: Studio East (109 1st Street)

For open studio time, participants bring their own ideas, paintings and supplies. The instructor is there to help with artistic decisions and to introduce new ideas. If you have experience with painting, this class is for you. Beginners should contact the instructor before the class begins. 6 classes

Acrylic Painting

Activity #: 350204A

Age: 6-12

Date: 5/1-6/12 (no 5/29)

Day: Monday

Time: 4:00-5:30 PM

Fee: \$65.00 plus a \$10.00 materials fee payable to the instructor

Instructor: Gale Bowman-Harlow

Location: Studio East (109 1st Street)

Using acrylic and oil paints, students will learn basic painting techniques including color mixing, building with color, mediums, color theory, light, and composition. Bring an 18x24 canvas/canvas board/masonite and pictures of things you want to paint. New students will start a composition. Continuing students will work on their own paintings. 6 classes

Beginning Sculpt

Activity #: 350202A

Age: 12+

Date: 5/1-6/12 (no 5/29)

Day: Monday

Time: 7:00-9:00 PM

Fee: \$65.00 plus a \$25.00 materials fee payable to the instructor.

Instructor: Gale Bowman-Harlow

Location: Studio East (109 1st Street)

This class teaches students beginning techniques for clay modeling and sculpting using air-dry clay. Students will work from plaster models to learn about making forms in clay, before making their own sculpture piece. 6 classes

Acrylic and Oil Painting

Activity #: 350205A

Age: 12+

Date: 5/3-6/7

Day: Wednesday

Time: 9:30-11:30 AM

Fee: \$65.00 plus a \$15.00 materials fee payable to the instructor.

Instructor: Gale Bowman-Harlow

Location: Studio East (109 1st Street)

Using acrylic and oil paints, students will learn basic painting techniques including color mixing, building with color, mediums, color theory, light, and composition. Bring an 18x24 canvas/canvas board/masonite and pictures of things you want to paint. New students will start a composition. Continuing students will work on their own paintings. 6 classes

Beginning Drawing

Activity #: 340212A

Age: 10+

Date: 5/2-6/6

Day: Tuesday

Time: 10:00 AM-12:00 PM

Fee: \$65.00 plus a \$10.00 materials fee payable to the instructor

Instructor: Gale Bowman-Harlow

Location: Studio East (109 1st Street)

Students will start with basic materials and techniques. We will explore line, texture, light, shadow, and shape. Students will be introduced to perspective and composition. Student will begin to appreciate their own style. 6 classes

Beginning/Intermediate Watercolors

Activity #: 350206A

Age: 12+

Date: 5/3-6/7

Day: Wednesday

Time: 7:00 PM-9:00 PM

Fee: \$65.00 plus a \$10.00 materials fee payable to the instructor

Instructor: Gale Bowman-Harlow

Location: Studio East (109 1st Street)

This is for the beginner or someone who wants to improve skills. We will learn basic color theory and painting skills. As the class progresses, students will discuss composition and style. Please bring 5 photographs of what you want to paint. For beginners there is a \$35.00 watercolor supply package for beginners payable to the instructor. 6 classes

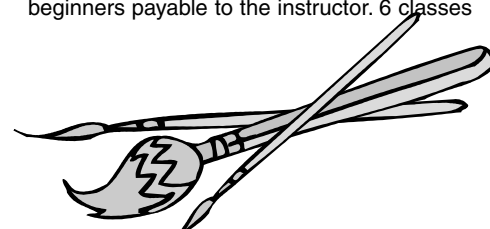




Figure Drawing

Activity #: 350206B
 Age: 14+
 Date: 5/3-6/7
 Day: Wednesday
 Time: 4:00 PM-6:00 PM
 Fee: \$65.00 plus a \$10.00 materials fee payable to the instructor
 Instructor: Gale Bowman-Harlow
 Location: Studio East (109 1st Street)

This course is designed to study anatomy and figure drawing using charcoal, graphite, and ink washes. Learn to carefully observe light and composition in order to add volume and liveliness to the drawing. Participants will work from a live model. This is a must for building a portfolio for college entrance. 6 classes



Intro to Stained Glass

Activity #: 350209A
 Age: 7+
 Date: 5/23-6/6
 Day: Tuesday
 Time: 4:00-5:30 PM
 Fee: \$42.00 plus a \$10.00 materials fee payable to the instructor
 Instructor: Bonnie Jacobs
 Location: Studio East in Berryville (109 1st St.)

Participants will learn about working with and creating stained glass projects while making light catchers and decorative hangings. 3 classes



Color Photography

Activity #: 350212A
 Age: 12+
 Date: 5/23-6/6
 Day: Tuesday
 Time: 9:30-11:30 AM
 Fee: \$42.00 plus a \$10.00 materials fee payable to the instructor
 Instructor: Bonnie Jacobs
 Location: Studio East in Berryville (109 1st St.)

Participants will learn about types of films, photocomposition, finished prints, and the effects of different lighting. 3 classes

Drawing & Painting

Activity #: 350203A
 Age: 9+
 Date: 5/24-6/7
 Day: Wednesday
 Time: 4:00-5:15 PM
 Fee: \$42.00 plus a \$10.00 materials fee payable to the instructor
 Instructor: Bonnie Jacobs
 Location: Studio East in Berryville (109 1st St.)

Participants will learn about color intensity, light, composition, and meaningful images through various mediums. Bring an 18" x 24" canvas or watercolor tablet. 3 classes

Printmaking

Activity #: 350207A
 Age: 7+
 Date: 5/25-6/8
 Day: Thursday
 Time: 9:30-11:30 AM
 Fee: \$42.00 plus a \$10.00 materials fee payable to the instructor
 Instructor: Bonnie Jacobs
 Location: Studio East in Berryville (109 1st St.)

Participants will learn how to do dry point technique on plastic, zinc, and copper. How to make prints using an etching press will also be taught. 3 classes

Open Studio

Activity #: 340222A
 Age: 7+
 Date: 5/25-6/8
 Day: Thursday
 Time: 4:00-5:30 PM
 Fee: \$42.00 plus a \$10.00 materials fee payable to the instructor
 Instructor: Bonnie Jacobs
 Location: Studio East in Berryville (109 1st St.)

Bring your ideas! Explore your own interests and creativity in various medias: printmaking, painting, and drawing. Instruction will be available as needed. 3 classes

Studios East & West Announcements

"2006 Student Art Show": Will be held in May and June 2006 at Bon Matin in Berryville. If you are a current Studios East & West student, contact your teacher and have your artwork framed and ready to hang by the end of April. Call (540) 955-4226 for more information.

Fitness

Hatha Yoga

Activity #: 350301A
Date: 5/9-6/6
350301B 6/20-7/25 (no 7/4)
Age: 16+
Day: Tuesday
Time: 8:00-9:00 PM
Fee: \$25.00, \$7.00 drop-in
Instructor: Kim Chandler

This class is for new and continuing students. Participants will be introduced to the basic standing and sitting poses, breath awareness, and progressive relaxation techniques. Modifications will be demonstrated to increase and decrease intensity to meet participant's individual needs. 5 classes

Belly dancing

Activity #: 350314A
Date: 5/2-6/6
350314B 6/13-8/1 (no 7/4, 7/11)
350314C 8/8-9/12
Age: 16+
Day: Tuesday
Time: 6:30-8:00 PM
Fee: \$58.00, \$11.00 drop-in
Instructor: Dian Hanna
Location: Millwood Community Center



Belly dance is also one of the safest, simplest, and most effective ways to achieve fitness. This ancient form of artistic movement has been practiced for thousands of years. Learn the basic moves needed to use belly dancing for fitness. The techniques are easy to learn and will thoroughly exercise your body but is low impact, relaxing, and fun. Participants should wear socks. 6 classes

Walking Aerobics

Activity #: 350303A
Date: 5/9-6/6
350303B 6/20-7/25 (no 7/4)
Age: 16+
Day: Tuesday
Time: 7:00-8:00 PM
Fee: \$25.00, \$7.00 drop-in
Instructor: Kim Chandler

Kim Chandler will provide strong motivation and encouraging tips as she demonstrates moves that will help participants firm up. Walking is an exercise that's right for everyone. It's natural, easy on the body, and incredibly effective for burning fat while increasing agility and stamina. Participants can achieve these benefits and more - in any weather - with this fun and effective workout. 5 classes



Cardio Boot Camp

Activity #: 350302A
Date: 5/3-6/7 (no 5/17)
350302B 7/5-8/9 (no 7/19)
Age: 16+
Day: Wednesday
Time: 6:30-7:30 PM
Fee: \$25.00, \$7.00 drop-in
Instructor: Denice Cather
Location: D.G. Cooley

Energize your workout with a combination aerobics and boxing class! All fitness levels are welcome. This is an entirely non-contact class. Participants will experience a rewarding cardiovascular workout while learning basic kicks and punches. A body toning session is included at the end of each class. 5 classes

Step Aerobics

Activity #: 350309A
Date: 5/1-6/19 (no 5/29)
350309B 6/26-8/7
Age: 16+
Day: Monday
Time: 6:30-7:30 PM
Fee: \$35.00, \$7.00 drop-in
Instructor: Jackie White
Location: D.G. Cooley

Step up to better health! All fitness levels are welcome. These classes will consist of uninterrupted step workouts intermingled with toning exercises to sculpt the entire body. 7 classes

Fitness Video Club

Activity #: 340301A
Date: 5/9-6/1
340301B 6/6-6/29
340301C 7/6-8/1
Age: 15+
Day: Tuesday & Thursday
Time: 5:55-6:55 PM
Fee: \$22.00, \$3.75 drop-in

Do you enjoy working out to fitness videos but don't have the space at home? This is the solution to your dilemma. Workout videos will be provided but participants are also encouraged bring their own. As a group, the class will choose which video to exercise to each week. 8 classes

Weight Watchers

Ongoing chapter meetings are held at 7:00 PM on Mondays in the Recreation Center. Pay-per-visit format. For more information, call 800-651-6000 or go to www.weightwatchers.com

Jazzercise

Activity #: 340302A
Date: 5/2-5/30
340302B 6/1-6/29
340302C 7/1-8/1 (no 7/4)
340302D 8/3-8/31
Age: 16+
Day: Tues, Thurs, Sat
Time: 9:15-10:15 AM
Fee: \$35.00, \$20.00 for Saturdays only
(Register at CCPR, pay fee to the instructor)
Instructor: Diane Sheehey
Location: Millwood Community Center

When you love your workout, results come easy. Jazzercise combines elements of jazz dance, strength training, Pilates, yoga, kickboxing, and stretch movements blended into fun dance routines set to fresh new music. This is an effective program for people of every age and fitness level. Bring a water bottle, hand weights, and a towel/mat. 13 classes

Jazzercise Lite

Activity #: 340302E
Date: 5/2-5/30
340302F 6/1-6/29
340302G 7/6-8/3
340302H 8/8-9/5
Age: 16+
Day: Tues, Thurs
Time: 10:20-11:20 AM
Fee: \$25.00
(Register at CCPR, pay fee to the instructor)
Instructor: Diane Sheehey
Location: Millwood Community Center

All the fun of Jazzercise but with simplified moves at a moderate pace designed to improve cardio fitness, flexibility, strength and balance. Bring a water bottle, hand weights, and a towel/mat. 9 classes

Adult Beginner I Irish Step Dancing

Activity #: 350310E
Date: 5/4-6/29 (no 5/18)
350310F 7/6-9/7 (no 7/20, 8/3)
Age: 10+
Day: Thursday
Time: 6:00-6:45 PM
Fee: \$40.00
Instructor: Sara & Laura Creech
Location: Millwood Community Center

This style of dance combines artistry, grace, and physical ability. Participants will listen to lively Celtic music while learning light jigs and reels in a soft shoe. Beginners will learn the basics while returning students continue developing their skills. Emphasis will be on movement, technique and style of Irish Step. 8 classes

General Interest

Spanish for Life

Activity #: Date:
 351305A 5/24-6/28
 351305B 7/12-8/16
 Age: 16+
 Day: Wednesday
 Time: 6:30-8:00 PM
 Fee: \$45.00
 Instructor: Deloris Davidson
 Location: Millwood Community Center

Learn Spanish for the workplace and/or basic conversation needs, in an interactive environment. Focus will be on phrases, questions, and commands necessary to accomplish specific purposes. Participants should bring a bilingual dictionary to all classes. 6 classes

Red Cross Babysitter Training

Activity #: 350714A
 Age: 10-15
 Date: 8/9
 Day: Wednesday
 Time: 9:00 AM-3:30 PM
 Fee: \$55.00, plus \$12.00 for an optional babysitter handbag
 Instructor: Mary Veilleux
 Location: Millwood Community Center

The Babysitter's Training course has a unique interactive, educational format that challenges youth, with activities such as identifying safety problems around the house and yard and selecting age-appropriate toys and games for children in their care. Participants learn by doing. This format, along with the course video and an enthusiastic instructor, keeps the interest of the babysitters and provides a meaningful classroom experience. There will be a half-hour lunch break. Participants should bring a packed lunch. 1 class



Fly Fishing & Guided Fishing Trip

Activity #: Date:
 340607A 5/24-6/14
 340607B 6/28-7/26 (no 7/19)
 Age: 16+ unless accompanied by an adult
 Day: Wednesday
 Time: 7:00-9:00 PM
 Fee: \$150.00
 Instructor: Dusty Wissmath
 Location: Long Branch

This class is a comprehensive introduction to the sport of fly-fishing. The newly acquired skills will be put into practice on a full-day fishing trip. The class will decide the date of the trip. Participants must show a fishing license for the full-day trip. The instructor provides all necessary equipment. 4 classes

Daily Health, Bloodborne, and Medication Admin Training

Activity #: Date:
 350605A 6/1
 350605B 8/3
 Age: 16+
 Day: Thursday
 Time: 6:45-8:45 PM
 Fee: \$10.00
 Instructor: Mary Borgner

This course will train child-care providers in identifying a sick child and preventing the spread of communicable diseases. OSHA regulations in preventing the transmission of bloodborne pathogens will be discussed. The routine and emergency administration of medications in the child-care setting will also be covered. 1 class

Red Cross Community CPR & First Aid

Activity #: Date:
 351319A 5/8-5/22
 351319B 8/7-8/21
 Age: 16+
 Day: Monday
 Time: 6:00-9:00 PM
 Fee: \$55.00
 Instructor: Elizabeth Coberly
 Location: Millwood Community Center

This course combines lectures, demonstrations and video with hands-on training and practice. Participants will learn to recognize and respond to emergencies including shock, cardiac and breathing emergencies for adults, children and infants, heat and cold emergencies, sudden illnesses and poisonings. Additionally, participants will learn first aid for everything from cuts and scrapes to muscle, bone and joint injuries. Class fee includes all materials. 3 classes

Red Cross CPR & First Aid Review & Update

Activity #: Date:
 351319C Wed 5/3
 351319D Mon 7/31
 Age: 16+
 Time: 6:00-9:00 PM
 Fee: \$25.00
 Instructor: Shannon Barbour

Participants must hold a current American Red Cross CPR certificate or equivalent in order to enroll. This is a review course that provides the opportunity to view video segments, practice and perform skills evaluation, and complete the written exams. 1 class

AED Essentials

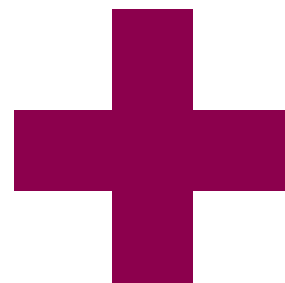
Activity #: Date:
 351319E 5/10
 351319F 8/2
 Age: 16+
 Day: Wednesday
 Time: 6:00-8:00 PM
 Fee: \$20.00
 Instructor: Shannon Barbour

Participants must hold a current American Red Cross CPR certificate or equivalent in order to enroll. The purpose of this course is to give individuals the knowledge and skills necessary to provide care for victims of sudden cardiac arrest through the safe use of an automated external defibrillator. 1 class

Preparing for the Unexpected

Activity #: Date:
 351319G 5/11
 351319H 6/8
 351319I 7/13
 Age: 55+
 Day: Thursday
 Time: 1:00-3:00 PM
 Fee: Free
 Instructor: Shannon Barbour

Are you prepared for an emergency? When disaster strikes will you know what to do? Do you know how to respond in emergency situations? If unsure how to answer these questions, then this course is for you! 1 class





Using the Internet

Activity #: 351301A
 Age: 16+
 Date: 6/27
 Day: Tuesday
 Time: 6:00-8:00 PM
 Fee: \$30.00
 Instructor: Barbara Milleson
 Location: CCHS, Room 29

Learn how to find pictures, items to buy and other information using the Internet. Explore how to save web pages so you can look at them again. 1 class

Intro to Computers & Windows

Activity #: 351301B
 Age: 16+
 Date: 6/28
 Day: Wednesday
 Time: 6:00-9:00 PM
 Fee: \$20.00
 Instructor: Barbara Milleson
 Location: CCHS, Room 29

This class will introduce participants to the computer and it's programs. Learn how to create, delete, organize, and find files and folders. This is an excellent class for those who have just purchased a computer or for those who have had one for a while and want to use it more. 1 class



Basics of Word

Activity #: 351301C
 Age: 16+
 Date: 7/3
 Day: Monday
 Time: 6:00-9:00 PM
 Fee: \$30.00
 Instructor: Barbara Milleson
 Location: CCHS, Room 29

Create a letter, flyer, and multiple page document using some basic skills in Word. Learn to format text, add pictures, create tables, work with multiple pages and prepare a document to be printed. 1 class

Basics of Excel

Activity #: 351301D
 Age: 16+
 Date: 8/5
 Day: Saturday
 Time: 9:00 AM-12:00 PM
 Fee: \$30.00
 Instructor: Barbara Milleson
 Location: CCHS, Room 29

Understand how and why you would use a spreadsheet. Learn to create and format a basic worksheet. Also, create some basic formulas to add more functionality to your worksheet. 1 class

Recognizing Child Abuse & Neglect

Activity #: 351306A
 Age: 16+
 Date: 6/8
 Day: Thursday
 Time: 6:30-8:30 PM
 Fee: \$5.00
 Instructor: Kathleen Shifflett

This course is designed for persons mandated under the Code of Virginia to report suspected cases of child abuse and neglect. Other interested persons are also welcome. This course assists in recognizing and reporting child abuse and neglect to the proper authorities. 1 class

Puppy Kindergarten

Activity #: 350606A
 Age: Puppies 10 weeks-5months
 Handler 16+
 Date: 6/5-7/24 (no 7/3)
 Day: Monday
 Time: 6:30-7:30 PM
 Fee: \$130.00
 Instructor: Cari Messick
 Location: Millwood Community Center

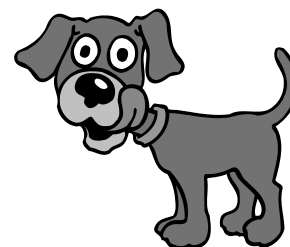
Proofs of vaccinations are required at the first class! Handlers should NOT bring their puppy to the first class. Puppies will learn all of the basic good manners needed to be a good family companion & the handler will learn how to socialize and manage common puppy issues all while having fun! Participants will also receive a training manual with homework assignments each week. 7 classes



Basic Good Manners for Dogs

Activity #: 350606B
 Age: Dogs 5 months+
 Handler 16+
 Date: 6/5-7/24 (no 7/3)
 Day: Monday
 Time: 7:30-8:30 PM
 Fee: \$130.00
 Instructor: Cari Messick
 Location: Millwood Community Center

Proofs of vaccinations are required at the first class! Handlers should NOT bring their dog to the first class. This class is designed for dogs that have not taken a good manners or obedience class yet. Dogs will learn all of the basic good manners needed to be a good family companion while having fun! Participants will also receive a training manual with homework assignments each week. 7 classes



Love & Logic Parent Training

Activity #: 350715A
 Age: 16+
 Date: 5/11-6/22
 Day: Thursday
 Time: 7:00-8:30 PM
 Fee: \$25.00 plus an \$8.00 workbook
 Instructor: Tracey Ferguson

This training program will provide parents, teachers, and child-care providers with easy-to-use, practical techniques that will help them achieve respectful and healthy relationships with children. Our products teach the unique Love and Logic approach to raising children that puts parents, teachers, and care givers in control, teaches children to be responsible and prepares them for the real world. 7 classes



Kids Core-ner

Creative Children

Activity #: Class: Date:
320707A Gift for Mom 5/6
320707B Gift for Dad 6/17
Age: 5-11
Day: Saturday
Time: 10:00-11:30 PM
Fee: \$12.00
Instructor: Melanie Zajicek

Your child will enjoy making various crafts while socializing with others. In session A, participants will make a special gift for their mom for Mother's Day. In session B, participants will make a special gift for dad for Father's Day. Younger children are welcome with an adult helper. 1 class

Youth Pottery

Activity #: 320201A
Age: 6-12
Date: 5/2-5/23
Day: Tuesday
Time: 4:00-5:30 PM
Fee: \$46.00
Instructor: Aurelie Schmid

These classes will teach participants basic pottery techniques and wheel throwing as time allows. A new project will be introduced each week. Parents are welcome to attend these classes and participate for an additional supply fee of \$24.00. 4 classes

Creative Cooking

Activity #: Level: Time:
351008A Beginner 10:00-11:30 AM
351008B Advanced 12:00-1:30 PM
Age: 8-12
Date: 6/27-6/29
Day: Tuesday-Thursday
Fee: \$30.00
Instructor: Debbie Berg, Registered Dietitian
Location: Millwood Community Center

Participate in making and tasting foods that can be part of a healthy menu everyday or occasionally. Beginners do not need any cooking experience. They will learn about mixing, cutting, and microwave use to make snacks, breakfasts and lunch foods. Advanced students need some prior experience with cooking because they will be learning more difficult cooking techniques and using recipes to create snacks and dinners. 3 classes



The Secrets of Magic

Activity #: Level: Date:
350213A I 5/4-5/18
350213B II 5/25-6/8
350213C III 6/15-6/29
350213D IV 7/13-7/27
Age: 9+
Day: Thursday
Time: 7:00-9:00 PM
Fee: \$27.00, plus a materials fee payable to the instructor
Instructor: Greg Conrow
Location: Millwood Community Center

Have fun learning the secrets of being a magician in an interactive and supportive environment. In only a short time you'll be entertaining and amazing your friends and family. 3 classes

Level I/Sponge Ball Wizardry: Learn how to make balls appear, disappear, multiply, and change locations in the blink of an eye. There is a \$10.00 materials fee for this class.

Level II/Cups and Balls Conjurers: Learn how to make balls penetrate cups, disappear, transmute, and multiply. Participants will learn an entire routine, which is an essential component of a magician's repertoire. *Mastery of sponge ball recommended but not essential.* There is a \$20.00 materials fee for this class.

Level III/Card Miracles I: Learn the basic techniques of card sleight of hand. Each sleight will include a magic trick, which will build into the next level of difficulty. Learn how to control the deck, force cards, and double lifts. Everyone will create a gaffed deck of cards. There is a \$10.00 materials fee for this class.

Level IV/Card Miracles II: This is an intermediate level of card magic! Learn card changes, passes, palming, culling and much more. A new card trick will be learned with each sleight of hand that is mastered. There is a \$10.00 materials fee for this class.

Self-Defense Tactics

Activity #: Date:
350308A 5/5-5/31
350308B 6/2-6/28
350308C 6/30-7/26
Age: 7+
Day: Wednesday & Friday
Time: 7:30-8:30 PM
Fee: \$40.00, \$7.00 drop-in
Instructor: Shawn Pitcock

This course is designed as a complete self-defense system including punches, kicks, joint locks, ground grappling and much more. This class will involve contact with other students. Class content will be involve jujitsu and kempo karate. 8 classes

Beginner I Irish Step Dancing

Activity #: Date:
350310A 5/4-6/29 (no 5/18)
350310B 7/6-9/7 (no 7/20, 8/3)
Age: 5-9
Day: Thursday
Time: 4:00-4:45 PM
Fee: \$40.00
Instructor: Sarah & Laura Creech
Location: Millwood Community Center

This course is designed for participants with little or no experience with Irish Step Dance. This style of dance combines artistry, grace, and physical ability. Participants will listen to lively Celtic music while learning light jigs and reels in a soft shoe. Emphasis will be on movement, technique and style of Irish Step. *It is typical for students to participate in this level several times before progressing to the next level.* 8 classes

Intermediate Beginner I Irish Step Dancing

Activity #: Date:
350310C 5/4-6/29 (no 5/18)
350310D 7/6-9/7 (no 7/20, 8/3)
Age: 5-9
Day: Thursday
Time: 5:00-5:45 PM
Fee: \$40.00
Instructor: Sarah & Laura Creech
Location: Millwood Community Center

This courses is designed for participants who have mastered the principles of Beginner I. Participants will focus on further developing and improving their movements and techniques of Irish Step. *It is typical for students to participate in this level several times before progressing to the next level.* 8 classes





Afterschool with the Park Registration for 2006/2007

School Year

Activity #: 511104

Ages: B4–5th grade

Day: **Monday–Friday**

Date: Follows Clarke County Public School Schedule

Time: 3:00–6:00 PM

Fee: \$35.00 per week
(paid monthly plus a \$15.00 **non-refundable** registration fee)

Location: D.G. Cooley Elementary School
Registration begins June 5

This program runs daily on regular school days and provides full day care on teacher workdays (there is an additional fee on full days). Transportation is provided to D.G. Cooley for children who attend Boyce Elementary or Berryville Primary.

Kid's Corner Preschool

Activity #: 511207

Age: 3

Day: Tuesday and Thursday

Date: 9/5/06 – 5/24/07 (Follows Clarke County Public School Schedule)

Time: 9:00 AM–12:00 PM

Fee: \$90 per month

In addition to the above fees, participants must pay one-time materials fee of \$30.00 and a \$15.00 **non-refundable** registration fee.

Kid's Corner Preschool

Activity #: 511208

Age: 4-5

Day: Monday, Wednesday & Friday

Date: 9/6/06 – 5/25/07 Follows Clarke County Public School Schedule

Time: 9:00 AM–12:00 PM

Fee: \$110 per month

In addition to the above fees, participants must pay one-time materials fee of \$30.00 and a \$15.00 **non-refundable** registration fee.

Our Preschool programs are designed to help children learn socialization skills with other children through play and small group activities. Kindergarten preparedness is also emphasized. Pre-School orientation will be held on August 25, 2006 from 9:00 to 11:00 AM. At this time plan on visiting the preschool room and meeting your child's teacher.

Summer Playcamp

Age: Children who have completed Kindergarten – Children who have completed 5th grade and are not older than 13 years of age by December 31, 2006.

Day: Monday – Friday

Date:

Session 1:	Session 2:	Session 3:	Session 4:
550404A	550404B	550404C	550404D
6/12 – 6/23	6/26 – 7/7	7/10 – 7/21	7/24 – 8/4

(Summer Playcamp will not operate on Tuesday, July 4, 2006 Holiday.)

Time: 7:30AM – 6:00PM

Fee: \$200.00 per session plus a \$7.00 t-shirt fee (t-shirts required for field trips)

Summer Playcamp is divided into four, two-week sessions. Campers participate in a variety of activities such as arts & crafts, pool time, sports activities, field trips and much more. Each camper should bring a non-perishable lunch. The camp will be housed at D.G. Cooley Elementary School and will utilize the full Park facilities for daily activities.

REGISTRATION: Walk-in registration at the Clarke County Recreation Center **is required**. Packets may be picked up at the Recreation Center during regular operating hours. **At the time of registration, you must bring** (1) A copy of the Child's Immunization Records, (2) A copy of the School Physical Examination (3) Original Birth Certificate for CCPR staff to view and record. Without this information, registration cannot be accepted. Additional information needed to complete the registration form includes name, address and phone number for individuals (other than the parents) to be contacted in case of an emergency, contact information for persons authorized to pick up child, physician and dentist telephone numbers, and insurance information.

PAYMENT: When signing up for Playcamp, patrons must **pay in full** for the first session they wish to enroll in and a **non-refundable** \$95.00 deposit for each additional session they wish to hold a spot. Families with multiple children participating in the program will only be required to pay the non-refundable deposit per session for one child. Participants can take one vacation week if participating in more than one session. Tuition during a session with a vacation week is \$125.00 (\$95.00 of which is due at registration). Registration and payment for Session 1 & 2 swim lessons and all specialty camps is due at registration.

SWIM LESSONS: For an additional \$32.00 per session, children may be registered for swim lessons. Lessons will be scheduled during the first session that the camper is enrolled in Playcamp. Camp staff will transport children to and from their lessons. See the "Guidelines for Placement in Learn-to-Swim Classes" for level requirements.

Registration for Sessions 1 & 2 begins April 12 for county residents and April 14 for non-County residents.

Registration for Session 3 & 4 begins June 29 for county residents and June 30 for non-County residents.

SPECIALTY CAMPS: The following camps correspond with the Playcamp schedule. For fees and description please refer to the "Specialty Camps" section of the Core. Camp staff will transport children to and from the camp(s).

Camp Name	Activity #:	Date:	Fee:	Camp Name	Activity #:	Date:	Fee:
Indian Camp	320702A	6/19-6/22	\$45	Childrens Dance	320510A	7/17-7/21	\$50
Pottery Camp	320202A	6/19-6/23	\$55	Games & Crafts	320505A	7/24-7/28	\$45
Girl's Softball	350512A	6/26-6/30	\$45	Reading Camp	320701A	7/24-7/28	\$45
Boys Lacrosse	350517A	6/26-6/30	\$55	Spanish Camp	320508A	7/24-7/28	\$40
Pottery Camp	320202B	7/10-7/14	\$55	4th-8th Basketball	350514A	7/24-7/28	\$45
Jr. Dance	320509A	7/10-7/14	\$50	Reading Camp	320701B	7/31-8/4	\$45
K-3 rd Basketball	320513A	7/17-7/21	\$45	Girl's Basketball	350516A	7/31-8/4	\$45
Soccer Camp	350510A	7/17-7/21	\$35	Games & Crafts	320505B	7/31-8/4	\$45

Specialty Camps

Summer Reading Camp

Activity #: Date:
 320701A 7/24-7/28
 320701B 7/31-8/4
 Age: All Ages reading at K-2nd Reading Level
 Day: Monday-Friday
 Time: 9:00-11:00 AM
 Fee: \$45.00
 Instructor: Jennifer Welliver

An adventure in reading, writing, listening and story telling designed to refresh and renew reading skills from the previous school year. The primary mission is to excite and encourage students, instill confidence in their individual ability to learn and to prepare them for the upcoming school year. There will be a variety of activities, including reading and discussing books and poems, playing word games and much more. Class size is limited. 5 classes

American Indian Camp

Activity #: 320702A
 Age: 6-12
 Date: 6/19-6/22
 Day: Monday-Thursday
 Time: 9:00-12:00 PM
 Fee: \$45.00
 Instructors: Liz Varela & Charlie Headley

Our goal with the camp is to educate and share Native American Indian customs through various cooperative games, activities and crafts. Children will learn traditional Indian games like Rock Circles, Stickball, and the Moccasin Game. Participant will also learn traditional Indian dances like the Friendship, Switch and Candy Dance as well as sample foods from the Native American Indian culture. 4 classes

Pre-School Camp

Activity #: Date:
 310501A 6/5-6/9
 310501B 6/12-6/16
 Age: 3-5
 Day: Monday-Friday
 Time: 9:00-12:00 PM
 Fee: \$45.00
 Instructor: Michelle Bock

Children will enjoy participating in arts and crafts, story-time, snack, and playtime activities while socializing with others their age. Children should wear comfortable clothing suitable to play in and get messy. 5 classes



Games & Crafts Camp

Activity #: Date:
 320505A 7/24-7/28
 320505B 7/31-8/4
 Age: 6-12
 Day: Monday-Friday
 Time: 9:00-12:00 PM
 Fee: \$45.00
 Instructor: TBA

Children will play a variety of social games and make a different craft each day during this week long camp. Games are interactive and may include games with cooperative themes, board games, and other active games. Crafts may include sand art, kite making, magnets, photo frames and candles, etc. 5 classes

Spanish Camp

Activity #: 320508A
 Age: 8-12
 Date: 7/24-7/28
 Day: Monday-Friday
 Time: 1:00-3:00 PM
 Fee: \$40.00
 Instructor: Claudia Young

This is an excellent chance for children to explore a foreign language. Children will learn the basics of how to speak, read and understand Spanish. Children should bring an illustrated bilingual dictionary to the camp. We will learn to play games in Spanish and have a Mid-week Fiesta. 5 classes

Bounce, Rock and Giggle for Infants Camp

Activity #: 310704A
 Age: 3-18 month old
 Date: 6/26-6/30
 Day: Monday-Friday
 Time: 9:30-10:00 AM
 Fee: \$40.00
 Instructor: Marlisa Eyre, Certified Musikgarten Teacher

Join other new parents in a time of music and movement with your baby. Babies will be all smiles as they bounce, rock, and giggle with you! 5 classes



Sing and Play for Toddlers Camp

Activity #: Date: Time:
 310705A 6/26-6/30 10:15-11:15 AM
 310705B 6/26-6/30 10:45-11:45 AM
 Age: 18 month-3 years old
 Day: Monday-Friday
 Fee: \$45.00
 Instructor: Marlisa Eyre, Certified Musikgarten Teacher

In celebration of summer, come Sing and Play! The class is divided into a time of structured music and a time of free exploration for parent and child. Hands-on crafts, sensory tables, puzzles, and stories will keep your child busy and full of discovery! Come dressed to get messy. 5 classes

Mommy & Me Summer Camp

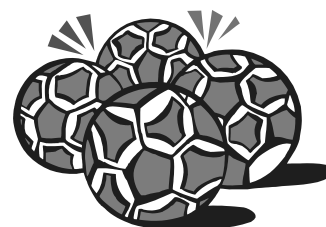
Activity #: Date:
 311211A 6/19-6/22
 311211B 7/10-7/13
 311211C 7/31-8/3
 Age: 15mo-2 years
 Day: Monday - Thursday
 Time: 10:30-12:00
 Fee: \$45.00
 Instructor: Melanie Zajicek

Come and join us for a week of fun. Children and their parents will enjoy each other while laughing, loving, and learning together. Strengthen the bond between you and your child while your child's coordination and social skills are developed through play. The Mommy & Me camp will offer exploration of equipment, parachute and bubble play. Each week will offer a new theme with creative art, creative movement, songs, and interactive story-time.

Soccer Camp

Activity #: 350510A
 Age: 5-8
 Date: 7/17-7/21
 Day: Monday-Friday
 Time: 9:00-11:00 AM
 Fee: \$35.00
 Instructor: Betsy Munson

Learn the fundamentals of soccer and/or improve your child's basic skills in this fun and exciting camp. 5 classes

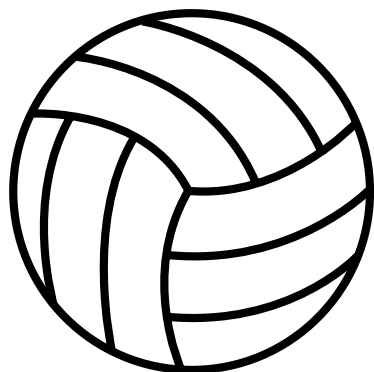




7th-12th Volleyball Camp

Activity #: 350511A
 Age: Completion of
 6th grade-12th grade
 Date: 7/10-7/14
 Day: Monday-Friday
 Time: 1:00-3:00 PM
 Fee: \$40.00
 Instructor: TBD

In this camp, participants will be instructed on the basic skills of the game. This camp is designed for children who have had no or limited exposure to the sport of volleyball. Skills such as bumping, setting, serving and spiking will be emphasized. 5 classes



Girl's Softball Camp

Activity #: 350512A
 Age: 10-14
 Date: 6/26-6/30
 Day: Monday-Friday
 Time: 9:00-12:00 PM
 Fee: \$45.00
 Instructor: Susan Grubbs

Coch Grubbs will teach participants the fundamentals of the game of softball. Skills that will be focused on are hitting, throwing, sliding, fielding, and base running. 5 classes

Boys Lacrosse Camp

Activity #: 350517A
 Age: 11 - 14
 Date: 6/26 - 6/30
 Day: Monday-Friday
 Time: 9:00-12:00 PM
 Fee: \$55.00 plus a \$25.00 equipment rental payable to the instructor
 Instructor: Mike Killigannon
Registration Deadline: 6/2

The goal of this instructional camp is to introduce the exciting sport of lacrosse. Boys ages 11 to 14 will become familiar with the fundamental skills of lacrosse. Skills such as proper grip of the lacrosse stick, correct throwing/catching technique, and basic offensive/defensive formations will be taught. Each participant must provide their own lacrosse stick. 5 classes

K-3rd Basketball Camp

Activity #: 320513A
 Age: K-3rd Grade
 Date: 7/17-7/21
 Day: Monday-Friday
 Time: 9:00-12:00 PM
 Fee: \$45.00
 Instructor: Matt Huff

This camp is ideal for players who are beginning to show interest in the game of basketball. Participants will be instructed in the primary skills of the game such as dribbling, shooting and defense. 5 classes

4th-8th Basketball Camp

Activity #: 350514A
 Age: Children who have completed
 4th grade-8th grade
 Date: 7/24-7/28
 Day: Monday-Friday
 Time: 9:00-12:00 PM
 Fee: \$45.00
 Instructor: Matt Huff

Participants in this camp will add to their basketball skills through the use of drills and friendly competition. While learning and practicing the fundamentals of the game. 5 classes

Girl's Basketball Camp

Activity #: 350516A
 Age: Girls who have completed
 6th-10th Grade
 Date: 7/31-8/4
 Day: Monday-Friday
 Time: 9:00-12:00 PM
 Fee: \$45.00
 Instructor: Betsy Munson

Come and join us for this weeklong instructional session of basketball. Participants will increase their knowledge of the game through instruction, drills and friendly competition. 5 classes

Junior Dance Camp

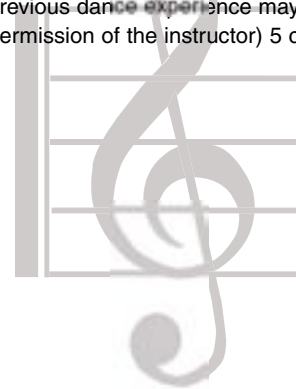
Activity #: 320509A
 Date: 7/10-7/21
 Age: 7-12
 Day: Monday-Friday
 Time: 3:00-5:00 PM
 Fee: \$50.00
 Instructor: Gillian Ramsey

Participants will explore various forms of dance including ballet, modern, jazz and tap. On the last day of camp, campers will participate in a short recital to demonstrate their skills. (4 year olds with previous dance experience may register with permission of the instructor)

Children's Dance Camp

Activity #: 320510A
 Age: 5-8
 Date: 7/17-7/21
 Day: Monday-Friday
 Time: 3:00-5:00 PM
 Fee: \$50.00
 Instructor: Gillian Ramsey

Participants will explore various forms of dance including ballet, jazz and tap. On the last day of camp, campers will participate in a short recital to demonstrate their skills. (4 year olds with previous dance experience may register with permission of the instructor) 5 classes



Mask Making Camp

Activity #: 320501A
 Age: 8+
 Day: Monday-Friday
 Date: 6/19-6/23
 Time: 9:00 AM-12:30 PM
 Fee: \$113.00
 Instructor: Bonnie Jacobs
 Location: Studio East (109 1st Street)

Participants will explore their creativity while learning to make masks. 5 classes

Darkroom Photography Camp

Activity #: 320502B
 Age: 8+
 Day: Monday-Friday
 Date: 8/7-8/11
 Time: 9:00 AM-12:30 PM
 Fee: \$113.00
 Instructor: Bonnie Jacobs
 Location: Studio East (109 1st Street)

Participants will learn to take black and white pictures, develop film and print images. After mastering these skills, participants will learn to mat, frame and hang a photo. Participants need to bring a 35mm camera (automatic or manual), 4 rolls of black and white TRI-X PAN (asa) 400 speed 35mm film (No substitutes, please. Film may be purchased at Valley Photo Center in Winchester on the Old town Mall. Tell them you are a student in this camp.) and 25 sheets of B/W 5x7 paper. Participants should bring a snack and drink daily. 5 classes



Painting on Location Camp

Activity #: 320502C

Age: 8+

Day: Monday-Friday

Date: 8/14-8/18

Time: 9:00 AM-12:30 PM

Fee: \$113.00

Instructor: Bonnie Jacobs

Location: Clarke County Fairgrounds
Office at the Grandstand

Participants will learn basic painting techniques, color mixing, building with color, mediums, color theory, and composition. A list of the locations that will be painted during the week will be available at the first class. Bring a snack and drink daily. 5 classes

Painting, Drawing & Printmaking Camp

Activity #: 320502D

Age: 8+

Day: Monday-Friday

Date: 6/12-6/16

Time: 9:00 AM-12:30 PM

Fee: \$113.00

Instructor: Bonnie Jacobs

Location: Studio East (109 1st Street)

Participants will learn about painting, drawing and printmaking. Color, composition, monoprint, dry point, rubbings, and etching techniques will be explored. Participants should bring a snack and drink daily. 5 classes

Art Camp

Activity #: 320503A

Age: 8-12

Day: Monday-Friday

Date: 7/31-8/4

Time: 9:00 AM-4:00 PM

Fee: \$185.00

Instructor: Gale Bowman-Harlow

Location: Studio West (2330 Crums
Church Road)

Registration Deadline: July 14

This camp will involve a variety of art experiences with outdoor activities. Activities will include: painting, sculpture, nature drawing, and lots of fun. All materials are included in the class fee. Scholarships are available through Studios East & West, 955-4226. Snacks are provided but participants need to bring a lunch daily. An information packet will be mailed to enrolled participants before the camp begins. 5 classes

Fantasy Art Camp

Activity #: 320504A

Age: 11+

Day: Monday-Friday

Date: 7/17-7/21

Time: 9:00 AM-4:00 PM

Fee: \$185.00

Instructor: Gale Bowman-Harlow

Location: Studio West (2330 Crums
Church Road)

Registration Deadline: July 1

Get ready for some serious fantasy illustration and sculpture work. Participants will learn how to develop an idea, do artistic research, and create a fantasy character. Each participant will choose his/her subject matter so come with ideas and focus. Snacks are provided but participants need to bring a lunch daily. Most materials are included in the class fee. Scholarships are available through Studios East & West, 955-4226. An information packet will be mailed to enrolled participants before the camp begins. 5 classes

Drawing and Painting Camp

Activity #: 320504B

Age: 11+

Day: Monday-Friday

Date: 6/26-6/30

Time: 9:00 AM-4:00 PM

Fee: \$185.00

Instructor: Gale Bowman-Harlow

Location: Studio West (2330 Crums
Church Road)

Registration Deadline: June 9

The focus of this camp will be to take an idea for a painting or drawing and develop it using different drawing and painting techniques and mediums. Color and composition will be explored. Participants should come with pictures and ideas of their own. Snacks are provided but participants need to bring a lunch daily. Most materials are included in the class fee. An information packet will be mailed to enrolled participants before the camp begins. Scholarships are available through Studios East & West, 955-4226. 5 classes

Junior Art Camp

Activity #: 320511A

Age: 5-7

Day: Tuesday-Friday

Date: 8/7-8/11

Time: 9:00 AM-12:30 PM

Fee: \$90.00

Instructor: Gale Bowman-Harlow

Location: Studio West (2330 Crums
Church Road)

Registration Deadline: July 12

Junior art camp introduces campers to a variety of art experience to stimulate their creativity. Activities will include painting and sculpture. Snacks are provided but participants need to bring a lunch daily. All materials are included in the class fee. Scholarships are available through Studios East & West, 955-4226. An information packet will be mailed to enrolled participants before the camp begins. 4 classes

Animal Art Camp

Activity #: 320512A

Age: 8-12

Day: Monday-Friday

Date: 8/14-8/18

Time: 9:00 AM-4:00 PM

Fee: \$185.00

Instructor: Gale Bowman-Harlow &
Chris McFarren

Location: Studio West (2330 Crums
Church Road) & the
Ohrstrom Farm

Registration Deadline: July 26

Campers will spend two days at a working farm to learn about animals: goats, cows, dogs, and cats. Activities will include: observing and studying the lives and anatomy of these animals using photography, drawing, and sculpture. Snacks are provided but participants need to bring a lunch daily. All materials are included in the class fee. An information packet will be mailed to enrolled participants before the camp begins. 5 classes





Eco-Explorer Nature Camp

Activity #: 320507C
 Age: 10-13
 Day: Monday-Friday
 Date: 7/10-7/14
 Time: 9:00 AM-12:00 PM
 Fee: \$50.00
 Location: Blandy Experimental Farm

This camp will promote more awareness and a better understanding of nature through fun environmentally based activities. Participants will choose a topic that interests them. The week will be spent researching, experimenting with, and studying the topic. Partial scholarships are available through Blandy Experimental Farm, 837-1758 x242. Each scholarship recipient is required to pay a \$10.00 non-refundable deposit per camp. **Camp leaders and assistants are always needed. If interested, please call 955-5143 for more information.** 5 classes



Nature Camp

Activity #: Date: Topic:
 320507A 7/17-7/21 Dynamic Earth
 320507B 7/24-7/28 Magnificent Mammals
 Age: 6-9
 Day: Monday-Friday
 Time: 9:00 AM-12:00 PM
 Fee: \$50.00
 Location: Blandy Experimental Farm

These camps will promote more awareness and a better understanding of nature through fun environmentally based activities. Partial scholarships are available through Blandy Experimental Farm, 837-1758 x242. Each scholarship recipient is required to pay a \$10.00 non-refundable deposit per camp. **Camp leaders and assistants are always needed. If interested, please call 955-5143 for more information.** 5 classes

Basic Aid Training Camp

Activity #: 320512A
 Age: 7-11
 Date: 8/7-8/11
 Day: Monday-Friday
 Time: 1:00-3:00 PM
 Fee: \$50.00
 Instructor: Shannon Barbour
 Location: Millwood Community Center

The American Red Cross BAT Program teaches basic skills and knowledge necessary for children to identify and prevent potentially harmful situations, to be able to treat common injuries, and to respond in emergency situations. The program emphasizes prevention. Topics will include but are not limited to rescue breathing, choking, first aid, fire, poison, substance abuse, water safety, lost and found, stranger safety, and motor vehicle/bicycle safety. 5 classes

Pottery Camp

Activity #: Date:
 320202A 6/19-6/23
 320202B 7/10-7/14
 Age: 6-12
 Day: Monday-Friday
 Time: 10:00-11:30 AM
 Fee: \$55.00
 Instructor: Aurelie Schmid

Explore different pottery techniques such as slab, coil or pinch pots. Children will complete specific projects and enjoy making their own creations. Wheel throwing will be demonstrated and practiced. Parents are welcome to attend these classes with their child and participate for an additional supply fee of \$25.00. 5 classes

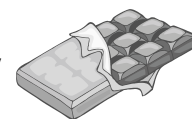
Irish Step Dance Camp

Activity #: 320506A
 Age: 5-10
 Date: 6/19-6/23
 Day: Monday-Friday
 Time: 9:00 AM-12:00 PM
 Fee: \$75.00
 Instructor: Sarah & Laura Creech
 Location: Millwood Community Center

This camp will encourage participant's artistry, grace, and physical ability. Participants will listen to lively Celtic music while learning light jigs and reels in a soft shoe. Camp days will alternate between days that involve dancing and days of rest when participants will explore Irish culture. 5 classes

Chocolate Camp

Activity #: 320512B
 Age: 6+
 Day: Monday-Friday
 Date: 7/31-8/4
 Time: 1:00-3:00 PM
 Fee: \$55.00
 Instructor: Shannon Barbour
 Location: Millwood Community Center



Are you a blooming chocoholic? Would you like to learn about the history of chocolate? Would you enjoy playing in and with chocolate? If the answer is yes to any of these questions then you must sign up for this camp! Please wear clothes that can get messy! 5 classes

Sports & Athletics

Youth Tennis Lessons

Activity #: 320901A Date: 6/7-6/28
 Age: 8-15
 Day: Wednesday
 Time: 6:00-7:00 PM
 Fee: \$40.00
 Instructor: Terry Young

Adult Beginner Tennis Lessons

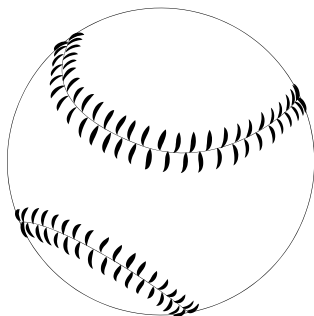
Activity #: 350902A Date: 6/7- 6/28
 Age: 16+
 Day: Wednesday
 Time: 7:00-8:00 PM
 Fee: \$40.00
 Instructor: Josh Pretlow

Whether you're just starting out or want to brush up on your tennis skills. One of these classes should be right for you to have fun learning the fundamentals of tennis with others. This is a great way to locate a tennis partner for the summer. 4 classes

Recreational Co-ed Softball League

Activity #: 350905A
 Age: 16+
 Day: Tuesday, Thursday, and Sunday
 Date: Beginning on 5/23
 Time: 6:30 PM weekdays,
 1:00 PM on Sundays
 Fee: \$145/team
Registration Deadline: 5/9

The Recreational Co-ed Softball League is designed for all players interested in the recreational aspects of the game. This is a Self-Umpired League. Join as a team with your friends, neighbors or co-workers. It's a lot of fun and camaraderie at affordable league rates.



Co-ed Softball League

Activity #: 350907A
 Age: 16+
 Day: Tuesday, Thursday, and Sunday
 Date: Beginning on 6/3
 Time: 6:30 PM weekdays,
 1:00 PM on Sunday
 Fee: \$525.00/team
 Registration Deadline: 5/2

The Co-ed Softball league is designed for players interested in a more structured league. We will have an umpire to officiate the games. Join as a team with your friends, neighbors or co-workers.

Summer Youth Basketball League

Activity #: 350906A
 Age: 11-14
 Date: Try-outs Sat. 5/13
 Day: Games -Friday night
 Time: 6:00-8:00 PM
 Fee: \$50.00

Summer Youth Basketball program is a fundamental and instructional league for our youth. It gives them a chance to improve and stay active over the summer. Children will be drafted on teams at try-outs on Saturday, May 13th from 10:00am-12:00noon. Players will have a weekday practice then play games against other teams in the league on Friday nights starting at 6:00 PM.

Junior Golf Clinics

Activity #: 350913A
 Age: 6-18
 Day: Saturday
 Date: 5/6-5/27
 Time: 10:30-11:30 AM
 Fee: \$55.00
 Instructor: Tim McKee, PGA
 Location: Locust Hill

CCPR is offering instructional clinics to junior golfers. Participant will be taught the following: Week One – Putting/Chipping, Week Two – Chipping/Full Swing, Week Three – Full Swing/Putting & Chipping, Week Four – Rules & Etiquette/Full Swing. Participants will receive a T-shirt/Golf I.D. Card/Junior Rule Book. Clubs are available if needed. Just let us know when you register for the program. Tim McKee, PGA is the Director of Golf/General Manager for Locust Hill Golf Course and can be contacted at 304-728-7300. 4 classes

Junior Golf Clinics

Activity #: 350914A
 Age: 6-18
 Day: Wednesday
 Date: 7/5 - 8/2
 Time: 10:30-11:30 AM
 Fee: \$55.00
 Instructor: Tim McKee, PGA
 Location: Locust Hill

Participant will be split up according to their ages 6-10 & 11-18 and taught the following: Week One – Putting/Chipping, Week Two – Chipping/Full Swing, Week Three – Full Swing/Putting & Chipping, Week Four – Rules & Etiquette/ Full Swing, Week Five – Tournament and Awards. Each participant will receive a T-shirt/Golf I.D. Card/Junior Rule Book/Ice Cream at Awards Finale. Clubs are available if needed. Just let us know when you register for the program. Tim McKee, PGA is the Director of Golf/General Manager for Locust Hill Golf Course and can be contacted at 304-728-7300. 5 classes

Women's Golf Clinics

Activity #: 350911A Date: 5/1-5/22 Day/Time: Mon.10:30-11:30 AM
 350911B 7/5-7/26 Wed. 5:30-6:30 PM
 Age: 16+
 Fee: \$65.00
 Instructor: Tim McKee, PGA
 Location: Locust Hill

Adult Golf Clinics

Activity #: 350912A Date: 7/8-7/29
 Age: 16+
 Day: Saturday
 Time: 2:30-3:30 PM
 Fee: \$65.00
 Instructor: Tim McKee, PGA
 Location: Locust Hill

Participant will be taught: Week One – Putting/Chipping, Week Two – Pitching/Bunkers, Week Three – Full Swing (Irons), Week Four – Full Swing (Woods), One Individual Lesson (Schedule at your own convenience after the fourth week). Each participant will receive will receive Rule Book, two sleeves of golf balls (6 Balls), certificate for a 9 hole green fee at Locust Hill Golf Course. Clubs are available if needed. Just let us know when you register for the program. Tim McKee, PGA is the Director of Golf/General Manager for Locust Hill Golf Course and can be contacted at 304-728-7300. 5 classes

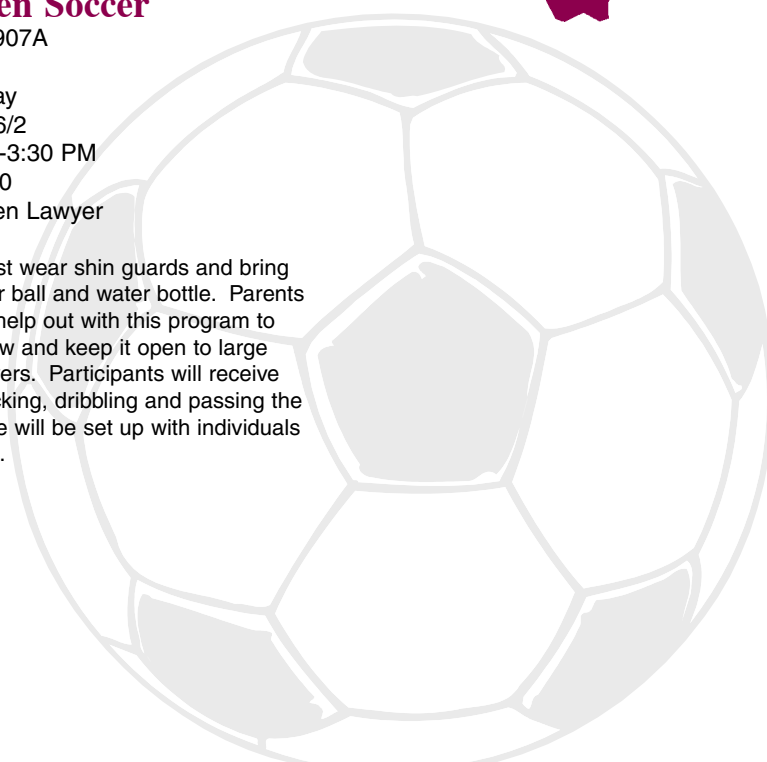
**INSTRUCTORS
 NEEDED!
 955-5140**



Youth Open Soccer

Activity #: 250907A
 Age: 5-18
 Day: Friday
 Date: 4/7-6/2
 Time: 1:30-3:30 PM
 Fee: \$5.00
 Instructor: Helen Lawyer

Participants must wear shin guards and bring their own soccer ball and water bottle. Parents are required to help out with this program to keep the cost low and keep it open to large numbers of players. Participants will receive instruction in kicking, dribbling and passing the ball. Scrimmage will be set up with individuals in your own age.



Clarke County Youth Sports Organizations

CC Youth Basketball
 Debbie Hardesty 955-3076

CC Youth Soccer
 Hotline 955-9002

CC Little League
 Kim Braithwaite 955-2147

CC Youth Football
 Ricky Hummer 540-542-0485

CC Youth Cheerleading
 Linda Frazier 955-4091

Special Olympics Track & Field

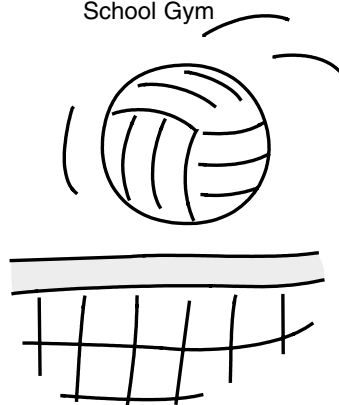
Activity #: 350916A
 Age: 8+
 Date: 4/23-6/4 (5/7, 5/28)
 Day: Sunday
 Time: 2:00-4:30 PM
 Fee: Free
 Location: Sherando High School Stadium

Special Olympics Roller Skating

Activity #: 350916D
 Age: 8+
 Date: 9/11-TBA
 Day: Monday
 Time: TBA
 Fee: Free
 Location: Winchester Skating Rink

Special Olympics Volleyball

Activity #: 350916C
 Age: 8+
 Date: 9/14-TBA
 Day: Thursday
 Time: 6:30-8:00 PM
 Fee: Free
 Location: Orchard View Elementary School Gym



Special Olympics Softball

Activity #: 350916B
 Age: 8+
 Date: 4/22-6/3 (no 5/6, 5/27)
 Day: Saturday
 Time: 2:00-4:30 PM
 Fee: Free
 Location: Sherando Park Field 7

Clarke County Parks & Recreation, Frederick County Parks & Recreation, and Special Olympics Area 13 invite new and returning athletes to join in the fun! The activities above allow athletes the opportunity to participate in practices and compete in local and regional events. Athletes or guardians MUST complete a household registration form and the Special Olympics medical and release forms PRIOR to attending practice sessions. Volunteer coaches are needed! Please call 540-955-5143 for further information.





Trips, Tours & Adventures

Baltimore Orioles Vs New York Yankees

Activity #: 351001A

Age: All (under 18 must be accompanied by an adult)

Day: Saturday

Date: 9/9

Time: Depart from Recreation Center promptly at 1:00 PM

Fee: \$45.00

What an exciting match-up! Travel with us, in comfort, to see this American League thriller. Game time is 4:30 PM Charter bus transportation is included. Bring your game face!

Baltimore Orioles Vs Washington Nationals

Activity #: 351002A

Age: All (under 18 must be accompanied by an adult)

Day: Saturday

Date: 6/24

Time: Depart from Recreation Center promptly at 10:30 AM

Fee: \$45.00

What an exciting match-up! Travel with us to see the Orioles go up against the inner league play with the Washington Nationals time is 1:35 PM. Transportation is included. Bring your team spirit with you!

Washington Redskin Tickets

Will be available on August 19, 2006 through the Clarke County Parks & Recreation Department. Please call 540-955-5140 or check the local newspaper after August 7, 2006 for more details.

Mid-week Hikes

Age: 18+

Day: Thursday

Time: May Hikes leave at 9:00 AM and return about 3:00 PM

Time: June-August Hikes leave at 8:00 AM and return about 2:00 PM

Fee: \$10.00

Enjoy nature in the company of friends on walks of 3-4 miles, led by naturalist Kristin Zimet. Wear sturdy shoes, a hat, and sunscreen; bring lunch and water. Except as noted, May and June trips depart at 9 and return about 3; July and August trips run from 8 to 2. On the way back we like to stop for ice cream and a cool drink.

Activity #:	Date:	Location:
341001A	5/4/06	Turkey Run Park, VA
341001B	5/11/06	Thompson WMA, VA
341001C	5/18/06	C & O Canal, MD
341001D	5/25/06	Catoctin State Park, MD
341001E	6/1/06	Prince William Forest Park, VA
341001F	6/8/06	Ice Mountain, WV
341001G	6/15/06	Canoe Trip *
341001H	6/22/06	C & O Canal, MD
341001I	6/29/06	Monocacy Battlefield, MD
341001J	7/6/06	Picnic, hike and swim
341001K	7/13/06	Shenandoah Natl Park, VA **
341001L	7/20/06	Owens Creek, MD
341001M	7/27/06	C & O Canal, MD
341001N	8/3/06	Black Hills Regional Park, MD
341001O	8/10/06	Lake Accotink, VA
341001P	8/17/06	Trout Pond, WV
341001Q	8/24/06	C & O Canal, MD
341001R	8/31/06	Shenandoah Natl Park, VA

* \$15 Extra fee

** Return by 5:00 PM

Family Pow-Wow

Activity #: 351004A

Age: All (Parental/Guardian supervision required)

Date: 6/24

Day: Saturday & Sunday

Time: 9:00 AM Check-In,
11:00 PM Check-out

Fee: \$12.00 per person

Registration Deadline: June 5

All families are invited to camp out with us at this fun-filled, and culturally diverse event. Our goal is to educate and share Native American Indian customs through various activities, crafts and tribal games. Participant will experience a campfire ceremony with American Indian dancers, storytellers and drummers from Earth's Anka Circle. There will also be free-time for families to relax and enjoy the many recreational opportunities at Candy Hill Campground. Parental supervision is required at all events. Food and transportation is on your own.

Coming Soon!

Clarke County Farm Tour

Saturday, October 14th, 2006

Co-sponsored by:
Virginia Cooperative Extension
Leadership Council and Clarke County
Parks and Recreation

"If you ate today, thank a farmer"



Discounted, Good Any Day.
Tickets may be purchased at the
recreation Center during regular
operating hours.

Adults (age 7+) \$35.50
Child (age 3-6) \$30.00



Swimming Pool Hours:

MAY						
S	M	T	W	T	F	S
						27
28	29	30	31			

12 noon - 8 pm

12 noon - 6 pm

Pool Closed

JUNE						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

AUGUST/SEPTEMBER						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4					

*The pool will be open on July 4th from 12 noon until after the fireworks at the Fairgrounds end.

The swimming pool is available for rental on Friday, Saturday, and Sunday evening.
Call the Park at 540-955-5140, for more information

Swimming Pool Admission Fees:

GENERAL ADMISSION

	Base Rate	Clarke Co. Discount*
Child/2 & under <i>with paying adult</i>	FREE	FREE
Child/3-5	\$2.25	\$1.25
Youth/6-15	\$2.75	\$1.75
Adult/16-59	\$3.75	\$2.75
Senior Citizen/60+	\$2.25	\$1.25

DISCOUNT PASSES (20 admissions)

	n/a	n/a
Child/2 & under <i>with paying adult</i>	n/a	n/a
Child/3-5	\$35.00	\$15.00
Youth/6-15	\$45.00	\$25.00
Adult/16-59	\$65.00	\$45.00
Senior Citizen/60+	\$35.00	\$15.00

LAST HOUR DISCOUNT

50% reduction of admission fee

GROUP RATES

20 or more
20% discount
(pre-arranged)

*Must have proof of
Clarke County residency.

Recreation Center Hours

Current Hours through May 31

Monday – Friday	9:00-AM – 9:00 PM
Saturday	10:00 AM – 6:00 PM
Sunday	1:00 PM – 9:00 PM

June 1– August 31

Monday – Friday	9:00 AM – 6:00 PM
Saturday	12:00 noon – 6:00 PM
Sunday	CLOSED

Holiday Hours

Friday, May 5th 12:00-6:00

The Recreation Center will be closed:

April 27th-30th

Saturday, May 6th

Monday, May 29th

Tuesday, July 4th

The Recreation Center is closed for
Maintenance:

August 14 – 28

Recreation Center Rental Rates:

Multi-Purpose Room Reservation Rates:

Base Rate: \$30.00 per hour
Clarke County Resident Discount: \$20.00 per hour

The 34' x 25' Multi-purpose Room seats 55 people and is an ideal location for informal business or club meetings, and small special events such as birthday parties, baby and bridal showers. The room features a piano and chalkboard.

Arts & Craft Room (Kitchen) Reservation Rates:

Base Rate: \$20.00 per hour
Clarke County Resident Discount: \$10.00 per hour

The Arts & Crafts Room is a great place for small parties and gatherings up to 20 people. The 25' x 15' room features a refrigerator/freezer, microwave, oven/stove, and room for tables and chairs.

Tables, chairs, a P.A. system, television, VCR, slide and overhead projectors are available for use in either room free of charge.

Full Gymnasium:

The gymnasium is available for private use and special events by reservation.

Base Rate: \$50.00 per hour + \$.50 per person
Clarke County Resident Discount: \$40.00 per hour + \$.50 per person

Half Gymnasium:

\$25.00 per hour + \$.50 per person
Clarke County Resident Discount: \$20.00 per hour + \$.50 per person

Full Facility:

The full facility may be reserved for private use and special events. Please contact the reservation specialist at 540-955-5140 for additional information.

Recreation Center Fee Schedule General Admission and Discount Passes

Age	Base-Fee (non-resident)	Discount Fee* (County Resident)
3-5	\$2.25	\$1.25
6-15	\$2.75	\$1.75
15-59	\$3.75	\$2.75
Seniors (60+)	\$2.25	\$1.25
6-15 Discount Pass	\$45.00	\$25.00
16-59 Discount Pass	\$65.00	\$45.00
60+ Discount Pass	\$35.00	15.00

*Proof of residency required





Registration Information

How to Register

WALK IN – to the Clarke County Recreation Center during normal operating hours.

MAIL IN – Enclose your registration form and check or *credit card information and mail to: CCPR - Program Registration, 225 Al Smith Circle, Berryville, VA 22611

PHONE IN - Call us at 540-955-5140 during normal operating hours. Be sure to have your registration information and credit card information accessible at the time that you call.

FAX IN - for 24-hour service, you can fax your registration form with *credit card information to 540-955-4049.

***NOTE - A credit card service company will assess a small convenience fee to your credit card statement. Fees vary according to the charge amount. Please call us at 955-5140 for the fee schedule.**

Fees

Payment must accompany registration. A \$20 fee is charged for returned checks.

Refunds

Refunds will be given for medical reasons only and must be requested one week prior to the class. A \$5.00 administrative fee will be charged for all refunds. Class credits will be issued for cancellations less than one week prior to the class for medical reasons only. If the P&R Department cancels a program, a full refund will be processed.

Cancellations

We reserve the right to cancel a program due to insufficient enrollment. It requires a certain number of individuals to justify holding a program and if that minimum is not reached, the course is cancelled. **Programs not meeting minimum enrollment three days prior to class will be cancelled. PLEASE REGISTER EARLY.**

Registration begins at 9:00 AM April 12, 2006 for Clarke County residents and April 14, 2006 for non-Clarke County residents, unless otherwise noted in program description.

Inclement Weather

In the event of inclement weather, cancellations will be announced on local radio stations. If programs are cancelled, every attempt will be made to reschedule the program.

Accommodations

CCPR is committed to providing recreation for all persons. Every reasonable effort will be made to provide accommodations based on individual need. Please contact us prior to the program's start date for assistance. If assistance is needed for the hearing impaired please call Virginia Relay Center at 1-800-828-1140.

We are updating our records. Please keep us informed of any changes to your household information

All programs are held at the Clarke County Park unless otherwise noted.

HOUSEHOLD REGISTRATION

PLEASE PRINT:

PRIMARY HOUSEHOLDER (Last Name) _____ (First) _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

HOME PHONE _____ WORK PHONE _____ E-mail Address _____

☐ MALE ☐ FEMALE DATE OF BIRTH _____

SECONDARY HOUSEHOLDER (Last Name) _____ (First) _____

WORK PHONE _____ E-mail Address _____ ☐ MALE ☐ FEMALE DOB _____

EMERGENCY CONTACT PERSON _____ PHONE _____

(Other than someone in your household)

Participant Name (Last, First)	Date of Birth	Sex (M/F)	Activity Code							Session	Program Name	Fee
Sample, John	9/17/92	M	2	2	0	2	0	5	A	2	Children's Pottery	\$30
TOTAL												

*NOTE - A credit card service company will assess a small convenience fee to your credit card statement. Fees vary according to the charge amount. Please call us at 955-5140 for the fee schedule.

IF PAYING BY CREDIT CARD PLEASE COMPLETE THE FOLLOWING:

☐ Visa ☐ MC ☐ Amex ☐ Discover

Exp. Date _____ Card # _____

Signature _____

for office use only

FEE _____ ☐ CASH ☐ CHECK ☐ CREDIT CARD

DATE RECEIVED: _____ RECEIVED BY: _____

MAKE CHECKS PAYABLE TO "CCPR"